

A large iceberg floats in a deep blue ocean under a clear sky. The visible tip of the iceberg is small and jagged, while the submerged portion is much larger and more complex in shape, illustrating the concept of hidden depths. The water is a deep, dark blue, and the sky is a lighter, clear blue with some wispy clouds.

EMOTIONALLY HEALTHY SPIRITUALITY

GO BENEATH THE SURFACE
and transform your life

Hitting The Wall



‘Failure to understand its nature results in great long term pain and confusion. Receiving the gift of God in the Wall; however, transforms our lives for ever.’ Peter Scazzero.



THE SEASONS OF LIFE



**Getting
through
the wall**

The fact is that finding joy and delight and intimacy in Christ is our very highest , and hence most fulfilling, our most beautiful calling'

Charlie Cleverly

Heavenly Father, teach me to trust you even when I do not know where you are going. Help me surrender and not turn inward into myself out of fear. The storms and winds of life blow strongly all around me. I cannot see in front of me. Sometimes I feel like I am going to drown. Lord, you are centered, utterly at rest and peace. Open my eyes that I might see you are with me on the boat. I am safe.

Awaken me, Jesus, to your presence within me, around me, above me, and below me. Grant me grace to follow you into the unknown, into the next place in my journey with you. In your name, amen.